

Grief Impacts Many Areas of the Bereaved's Life



Socially

Pets create opportunities for people to meet and interact with each other. Losing a pet deprives one of this opportunity.



Physically

Prolonged suffering from complicated grief can cause physical pain, loss of appetite, tiredness, lack of energy and sleeping problems.



Cognitively

Pet owners often face difficulties in concentrating or paying attention to regular tasks.



Emotionally

Bereaved pet owners go through an emotional turmoil. It becomes common for people to feel angry or depressed very easily. Persistent feelings of guilt, especially about having the pet euthanised, are common.



Spiritually

When the death of a pet is sudden or unexpected, the question “why?” reverberates. It is common for bereaved owners to lose their faith and question higher powers. In this scenario, you may help your client by suggesting that they speak to a spiritual advisor.